

Sluggish? Tired? Confused? Depressed? Boost Your Vitamin B-12

This is the title of an article in January 19, 2014 issue of the **Wall Street Journal** about Vitamin B-12 deficiency on the rise, especially in "elderly" people -- they never said how old that is. But it's also high in people taking acid-blocking medications and those with Type 2 diabetes who take the drug Metformin, and in people cutting back on red meat and dairy because of cholesterol concerns. So, people trying to make healthy choices are at risk for the effects of B-12 deficiency, symptoms include anemia, depression, dementia, confusion, balance problems, and even numbness and tingling in the feet, which can be misdiagnosed as a diabetic issue and not a B-12 issue.

So, the perfect answer is **XS Energy Drinks** with **4900% of RDA for B-12** in each can!!! Instead of an Energy Drink, this should be called a Health Drink that provides a no sugar, no carb blast of energy, and just 8 calories, except for the new Sparkling Juiced drinks that contain 25% real fruit juice, they have the sugar and carbs from fruit. Caffeine content is comparable to an 8oz. cup of brewed coffee.






Perfect for people who want a powerful energy punch without sugar, empty carbs, or excess calories!

Twelve 8.4 oz cans

The XS Energy Drink Mixed Case contains one can of each flavor:

- Black Cherry Cola Blast
- Cherry Blast
- Citrus Blast
- Cranberry-Grape Blast
- Caffeine-free Cranberry-Grape Blast
- Electric Lemon Blast
- Wild Berry Blast
- Rootbeer Blast
- Tropical Blast
- Sparkling Juiced Energy Dragon Fruit
- Sparkling Juiced Energy Mango Pineapple Guava
- Sparkling Juiced Caff-free Mango Pineapple Guava
- Sparkling Juiced Energy Pink Grapefruit

Competitive Information

XS Energy Drink Runs Circles Around the Competition					
					
	XS	Red Bull®	Sugar Free Red Bull®	Rockstar®	Diet Rockstar®
Calories	8-16*	110	10	140	10
Sugar	0	27 g	0 g	31 g	0 g
Carbs	0-2*	28 g	3 g	31 g	2 g
B vitamins	B3-100% B5-100% B6-300% B12-4,900%	B3-100% B5-50% B6-250% B12-80%	B3-100% B5-50% B6-250% B12-80%	B2-200% B3-100% B5-100% B6-100% B12-100%	B2-200% B3-100% B5-100% B6-100% B12-100%
Sweetener	Ace-K (Acesulfame Potassium) Sucralose	Sucrose Glucose	Acesulfame K Aspartame Sucralose	Sucrose Glucose	Acesulfame K Sucralose

*Amounts vary by flavor. Visit www.amwayglobal.com for complete nutrition facts. The 8 calories and 0 carbs are directly applicable to the following XS flavors: Cherry, Cranberry-Grape, Cranberry-Grape, Citrus, Caffeine-free, Tropical, and Tropical Caffeine-free. Trademarks: XS (XS Energy LLC, Santa Fe Springs, Calif.); Red Bull (Red Bull GMBH Ltd., Austria); Rockstar (Russell G. Weiner, Las Vegas, Nev.).