

# HEALTHPOINTE

## Products to Power your Weight Loss/Management Program

### SNACKING:

		Item #	Net Carbs <sup>1</sup>	Protein	Fiber	Fat	Serv. Size	Srvngs	Price	\$/Serving
Prot. Bars	XS Chocolate Peanut Butter	110385	9	10	0.5	3	1/2 bar*	24	\$27.00	\$1.13
	XS Chocolate Berry Blast	110386	13	10	0.5	3	1/2 bar*	24	\$27.00	\$1.13
PROTEIN SHAKES	XS Rich Chocolate	110369	2	25	4	6	1 bottle	12	\$36.00	\$3.00
	XS Vanilla Crème	110370	1	25	3	6	1 bottle	12	\$36.00	\$3.00
	XS Protein Pods Chocolate (whey)	300856	2	20	1	0	1 pod	16	\$28.80	\$1.80
	XS Protein Pods Vanilla (whey)	300855	1	50	0	0	1 pod	16	\$28.80	\$1.80
	All Plant Protein Power	110415		10			36-srvgs	36	\$40.50	\$1.13
MEAL BARS	BK Blueberries & Yogurt	110828	8.5	6.5	.5	3.5	1/2 bar*	28	\$37.80	\$1.35
	BK Caramel Cookie Dough	110274	6.5	7.5	2.5	2.5	1/2 bar*	28	\$37.80	\$1.35
	BK Caramel Peanut Butter	110277	4.5	7.5	2.5	3.5	1/2 bar*	28	\$37.80	\$1.35
	BK Chocolate Brownie	110276	6.5	8	3	3	1/2 bar*	28	\$37.80	\$1.35
	BK Cinnamon Swirl	290761	1	6.5	3.5	3.5	1/2 bar*	28	\$37.80	\$1.35
	BK Cookies & Cream	110835	5.5	7.5	.5	3	1/2 bar*	28	\$37.80	\$1.35
	BK Mixed Berry Crisp	110275	7	6	5.5	5	1/2 bar*	28	\$37.80	\$1.35
Snack Bars	BK Coconut Almond**	111044	6.5	4	1.5	6	1/2 bar*	24	\$19.80	\$0.83
	BK Nutty Dark Chocolate**	111045	6	4	1.5	7	1/2 bar*	24	\$19.80	\$0.83
Energy Bars	XS Chocolate Chip**	110378	19	5.5	1	4	1/2 bar*	24	\$25.20	\$1.05
	XS Peanut Butter Crunch**	110379	15.5	6	1.5	6	1/2 bar*	24	\$25.20	\$1.05

\* To use these bars as a snack, eat 1/2 bar. \*\* Recommended only if used in intensive workouts.

### MEAL REPLACEMENT:

		Item #	Net Carbs <sup>1</sup>	Protein	Fiber	Fat	Serv. Size	Srvngs	Price	\$/Serving
MEAL SHAKES	BK Chocolate	122276	9	20	5	6	1 scoop	16	\$45.00	\$2.81
	BK French Vanilla	122277	9	20	5	5	1 scoop	16	\$45.00	\$2.81
	BK Strawberry	122278	9	20	5	5	1 scoop	16	\$45.00	\$2.81
MEAL SHKE PKT	BK Chocolate	122949	9	20	5	6	1 packet	14	\$46.80	\$3.34
	BK French Vanilla	122950	9	20	5	5	1 packet	14	\$46.80	\$3.34
	BK Strawberry	122951	9	20	5	5	1 packet	14	\$46.80	\$3.34
MEAL BARS	BK Blueberries & Yogurt	110828	17	13	1	7	1 bar	14	\$37.80	\$2.70
	BK Caramel Cookie Dough	110274	13	15	5	4.5	1 bar	14	\$37.80	\$2.70
	BK Caramel Peanut Butter	110277	9	15	5	7	1 bar	14	\$37.80	\$2.70
	BK Chocolate Brownie	110276	13	16	6	6	1 bar	14	\$37.80	\$2.70
	BK Cinnamon Swirl	290761	2	13	7	7	1 bar	14	\$37.80	\$2.70
	BK Cookies & Cream	110835	11	15	1	6	1 bar	14	\$37.80	\$2.70
	BK Mixed Berry Crisp	110275	14	12	2	10	1 bar	14	\$37.80	\$2.70
PROTEIN SHAKES	XS Rich Chocolate	110369	2	25	4	6	1 bottle	12	\$36.00	\$3.00
	XS Vanilla Crème	110370	1	25	3	6	1 bottle	12	\$36.00	\$3.00
	XS Protein Pods Chocolate (whey)	300856	2	20	1	0	1 pod	16	\$28.80	\$1.80
	XS Protein Pods Vanilla (whey)	300855	1	50	0	0	1 pod	16	\$28.80	\$1.80
	All Plant Protein Power	110415		10			36-srvgs	36	\$40.50	\$1.13
Energy Bars	XS Chocolate Chip	110378	38	11	2	8	1 bar	12	\$25.20	\$2.10
	XS Peanut Butter Crunch	110379	31	12	3	12	1 bar	12	\$25.20	\$2.10

NOTE: when using Protein Shakes or Energy Bars as a meal replacement to take your Double X with to ensure that you are getting your vitamins and minerals not included in these products.

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### ENERGY - BARS, DRINKS & SUPPLEMENTS

		Item #	Net Carbs <sup>1</sup>	Protein	Fiber	Fat	Serv. Size	Srvngs	Price	\$/Serving
Energy Bars	XS Chocolate Chip	110378	38	11	2	8	1 bar*	12	\$25.20	\$2.10
	XS Peanut Butter Crunch	110379	31	12	3	12	1 bar*	12	\$25.20	\$2.10
XS ENERGY	XS Energy Drink 8.4 oz	various	0-2	1.5			1 can	12	\$21.60	\$1.80
	XS Juiced Energy 8.4 oz <sup>2</sup>	various	10	0			1 can	12	\$21.60	\$1.80
	XS Energy + BURN Drink	various	2	1.5			1 can	12	\$25.20	\$2.10
	XS Energy Café-Mocha	286159	15	7		3.5	1 can	12	\$32.40	\$2.70
SUPP.	XS Energy + Focus (Rhodiola)	101593					1 tablet	60	\$30.60	\$0.51
	XS Energy + Focus (Rhodiola)	107846					1 tablet	30	\$17.10	\$0.57
	Nutrilite Vitamin B	110171					1 tablet	120	\$31.50	\$0.26
	Nutrilite Vitamin B	122971					1 tablet	30	\$10.13	\$0.34

\* To use this bar as a snack only if used in intensive workouts, eat 1/2 bar and divide values listed by 2.

### HYDRATION Perfect Water:

		Item #	Net Carbs <sup>1</sup>	Protein	Fiber	Fat	Serv. Size	Srvngs	Price	\$/Serving
	Perfect Water	285375					1 bottle	24	\$43.20	\$1.80

We feel this is the best bottled water that you can buy. Perfect Empowered Drinking Water uses a unique 15-step purification process to remove contaminants. All that's left is a revitalizing, clean, refreshing taste.

### HYDRATION Twist Tubes:

		Item #	Net Carbs <sup>1</sup>	Protein	Fiber	Fat	Serv. Size	Srvngs	Price	\$/Serving
TUBES	Twist Tubes 2GO Variety	110922	1-2				1 tube	20	\$16.20	\$0.81
	Twist Tubes 2GO Antioxidant	110538	1				1 tube	20	\$16.20	\$0.81
	Twist Tubes 2GO Immunity	110855	1				1 tube	20	\$16.20	\$0.81
	Twist Tubes 2GO Joint Health	110857	2				1 tube	20	\$16.20	\$0.81
	XS Sports - Fruit Punch	110390	7				1 tube	20	\$14.40	\$0.72
	XS Sports - Lemon Lime	110389	7				1 tube	20	\$14.40	\$0.72
	XS CocoWater Pineapple Coconut	110631	18				1 pk	12	\$20.70	\$1.73
	XS CocoWater Strawberry	110601	18				1 pk	12	\$20.70	\$1.73

Mix with 16 oz of water, mix into your yogurt or, mix into your shakes for nutrition benefits & great flavors.

### HYDRATION eSPRING Water Purifiers:

		Item #	Net Carbs <sup>1</sup>	Protein	Fiber	Fat	Serv. Size	Srvngs	Price	\$/Serving
PURIFIER	Above Counter Unit	100188					1320 gal	1320	\$937.50	\$0.71
	Below Counter Unit	100189					1320 gal	1320	\$937.50	\$0.71
	Below Counter Chrome Unit	118384					1320 gal	1320	\$1,088.10	\$0.82
	Replacement Filter	100186					1320 gal	1320	\$187.20	\$0.14

Will refill 5,280 16 oz bottles at \$0.20-\$0.24/bottle 1st year, \$0.04/bottle after, with the cleanest water.

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### NUTRILITE / XS Supplements:

	Item #	Net Carbs <sup>1</sup>	Protein	Fiber	Fat	Serv. Size	Srvngs	Price	\$/Serving	
SUPPLEMENTS	Perfect Pack	123377				30-day	60	\$116.10	\$1.94	
	Perfect Pack (refill)	100332				30-day	60	\$108.90	\$1.82	
	<i>Best choice to start with.</i>									
	Double X (with case)	A4300					31-day	62	\$54.90	\$0.89
	Double X (refill)	A244					31-day	62	\$53.10	\$0.86
	<i>Best multivitamin.</i>									
	Women's Supplement Pack	123372					30-day	30	\$41.40	\$1.38
	Men's Supplement Pack	123365					30-day	30	\$39.60	\$1.32
	<i>Good starter choice.</i>									
	Concentrated Fruits & Veg	100648					30-day	30	\$37.80	\$1.26
	Balance Health Omega	A8914					30-day	90	\$18.00	\$0.20
	XS Energy + Focus (Rhodiola)	101593					1 tablet	60	\$30.60	\$0.51
	XS Energy + Focus (Rhodiola)	107846					1 tablet	30	\$17.10	\$0.57
	Nutriline Vitamin B	110171					1 tablet	120	\$31.50	\$0.26
	Nutriline Vitamin B	122971					1 tablet	30	\$10.13	\$0.34
	XS Pre-Workout Boost	110372	8		0.5		30-srvgs	30	\$41.40	\$1.38
	XS Pre-Workout Boost	110371	8		0.5		12-sticks	12	\$24.30	\$2.03
	XS Muscle Multiplier	various		4			1 scoop	30	\$40.50	\$1.35
	XS Post-Workout Recovery	110374	2				1 scoop	20	\$41.40	\$2.07
	All Plant Protein Power	110415		10			36-srvgs	36	\$40.50	\$1.13
	<i>Good choice to make your own shakes with.</i>									
	Chewable Vitamin E	A4042					90/270	270	\$38.70	\$0.14
	Lean Muscle/CLA	100280					30-day	90	\$44.10	\$0.49
	Glucose Health	A8600					40-day	120	\$21.60	\$0.18
	Carb Blocker	100193					30-day	90	\$29.70	\$0.33
	<i>Recommended that Carb Blocker used for emergencies only - banquets, parties, etc.</i>									
	Fiber Powder	102736					30-day	30	\$25.20	\$0.84
	Balance Within Probiotic	120571					30-day	30	\$36.90	\$1.23

### OTHER SNACKS:

	Item #	Net Carbs <sup>1</sup>	Protein	Fiber	Fat	Serv. Size	Srvngs	Price	\$/Serving	
MISC	BK Slim Popcorn	285369	7	2	3	7	1 bag	24	\$40.50	\$1.69
	BK Whole Grain Tortilla Chips	110339	10.5	1.5	1.5	5.5	1/2 bag*	36	\$32.40	\$0.90
	BK Zesty Protein Snack	282064	14	7	1	3.5	1 bag	14	\$27.00	\$1.93
	BK Zesty Protein Snack (1/2 bg)	282064	7	3.5	.5	1.8	1/2 bag*	28	\$27.00	\$0.96
	XS Protein Crisps Sriracha	110628	10	6	.5	3	1/2 bag*	24	\$27.90	\$1.16
	XS Protein Crisps Barbeque	110627	10	6	.5	3	1/2 bag*	24	\$28.90	\$1.20

\* To use these items as a snack, we recommend to eat 1/2 bag.

NOTE: Healthy snacks-recommended for use after you complete your program

**Add Sales Tax and Shipping Fee as applicable.**

<sup>1</sup>NET CARBS = Total Carbohydrates - Dietary Fiber - Sugar Alcohol

<sup>2</sup>Sugar is from real fruit juice.

Products optional, but recommended to jump start success with the N21 HealthPointe Weight Loss Program.

N21 HealthPointe Weight Loss Program sold separately through your N21 IBO.