



















TRADITIONAL ENERGY DRINKS

PRODUCT	CALORIES	CARBS	SUGAR	CAFFEINE	B VITAMINS	KEY INGREDIENTS
 XS 12oz	15	0-1g	0g	114mg	B3 140% B5 140% B6 420% B12 6960%	Zero Sugar, B-Vitamins, Taurine, L-Glutamine, Natural Flavors & Colors
 Red Bull [†] 12oz	155	41g	38g	114mg	B3 140% B5 70% B6 120% B12 360%	Caffeine, B-Vitamins, Taurine, Artificial Flavors & Colors
 Red Bull [†] Sugar Free 12oz	20	3g	0g	114mg	B3 140% B5 70% B6 350% B12 120%	Zero Sugar, Caffeine, B-Vitamins, Taurine, Artificial Flavors & Colors
 Monster Energy [†] Zero Ultra 16oz	10	6g	0g	140mg	B3 250% B5 400% B6 240% B12 490%	Zero Sugar, Caffeine, B-Vitamins, Taurine, Ginseng, Guarana, L-Carnitine, Artificial Flavors & Colors
 Monster Energy [†] 16oz	110	27g	27g	160mg	B3 250% B5 400% B6 240% B12 500%	Caffeine, B-Vitamins, Taurine, Ginseng, Guarana, L-Carnitine, Artificial Flavors & Colors
 Rockstar [†] 16oz	270	63g	63g	160mg	B3 100% B5 100% B6 100% B12 100%	Caffeine, B-Vitamins, Taurine, Artificial Flavors & Colors

JUICED SPARKLING ENERGY

PRODUCT	CALORIES	CARBS	SUGAR	CAFFEINE	B VITAMINS	KEY INGREDIENTS
 XS 12oz	50	11g	11g	114mg	B3 140% B5 140% B6 420% B12 6960%	25% Fruit Juice, 200% Vitamin C, No added sugar, B-Vitamins, Taurine, L-Glutamine, Natural Flavors & Colors
 Red Bull [†] Edition 12oz	155	41g	38g	114mg	B3 140% B5 70% B6 120% B12 360%	Caffeine, B-Vitamins, Taurine, Artificial Flavors & Colors
 Monster Energy [†] Juice 16oz	240	60g	55g	160mg	B3 250% B5 400% B6 230% B12 490%	16% Fruit Juice, Caffeine, B-Vitamins, Taurine, Ginseng, Guarana, L-Carnitine, Artificial Flavors & Colors
 Zoa [†] 12oz	10	2g	0g	120mg	B3 80% B5 20% B6 80% B12 80%	80% Vitamin C, Natural Caffeine (Green Tea), B-Vitamins, No Sugar, BCAAs, Electrolytes, Camu Camu berries, Acerola Cherries, Natural Flavors & Colors
 Runa [†] 12oz	10	3g	2g	150mg	N/A	Natural Caffeine, Natural Sweeteners, Flavors & Colors
 Rockstar [†] Juiced 16oz	40	6g	5g	170mg	B6 110% B12 110%	Caffeine, B-Vitamins, Taurine, 8% Juice, Ginseng, Guarana, Natural Flavors & Colors

BURN ENERGY + BURN

PRODUCT	CALORIES	CARBS	SUGAR	CAFFEINE	B VITAMINS	KEY INGREDIENTS
 XS 12oz	20	1g	0g	114mg	B3 140% B5 140% B6 420% B12 6960%	125mg Ashwagandha & 100mg Garcinia Cambogia, Zero Sugar, B-Vitamins, Taurine, L-Glutamine, Natural Flavors & Colors
 Red Bull [†] Total Zero 12oz	15	2g	0g	114mg	B3 140% B5 70% B6 120% B12 360%	Zero Sugar, Caffeine, B-Vitamins, Taurine, Artificial Flavors & Colors
 Monster Energy [†] Zero Ultra 16oz	10	6g	0g	150mg	B3 250% B5 400% B6 240% B12 490%	Zero Sugar, Caffeine, B-Vitamins, Taurine, Ginseng, Guarana, L-Carnitine, Artificial Flavors & Colors
 Bang [†] 16oz	0	0g	0g	300mg	B 30% B6 30% B12 60%	Zero Calories, Zero Sugar, Zero Carbs, Caffeine, EAAs/BCAAs, Super Creatine, CoQ10, Vegan friendly, Artificial Flavors & Colors
 C4 [†] Energy 16oz	0	0g	0g	200mg	B3 190% B12 250%	Zero Calories, Zero Sugar, Zero Carbs, Caffeine, B-Vitamins, Beta Alanine, N-Acetyl, L-Tyrosine, Artificial Colors
 Zoa+ [†] 12oz	20	1g	0g	200mg	B3 100% B6 100% B12 100%	Zero Sugar, Caffeine, B-Vitamins, L-Citrulline, Betain Anhydrous, L-Carnitine, Ginko Biloba, Guayusa Leaf

Competitive information from company websites: February 1, 2023

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